

Helix Arts

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Helix Arts connects high quality practising artists with diverse groups of people whatever their circumstances to make great art.

We have been brokering co-productions between the public, voluntary and private sectors and talented artists for nearly 35 years. Social workers are often at the heart of our practice, collaborating with our producers, artists and people facing multiple and complex disadvantage in creative settings. Arts and artists will be the hook to engage people with complex needs – people who have rarely if ever had the opportunity to find their cultural voice. Just recently we worked with people with learning disabilities: carers did not believe they would engage with an artist but in fact within the session every single person took part in the mime workshop. During and after a Helix Arts co-production people say that their motivation, confidence and skills increase leading to better health and well-being – and in turn that can open up fresh pathways to employability such as volunteering, education and training.

Do take a look at our website for a taste of our arts programmes and their impact - helixarts.com.

- Action:Story! - Children and young people using mental health services co-produced a film with an artist and commissioners designed to influence CAMHS redesign. - Falling on your Feet – people aged 65+ co-choreographed a powerful dance work with talented artist Nadia Iftkhar exploring issues of social isolation among older people living independently. - Off the Beat – Children and young people facing multiple disadvantages are co-producing and distributing digital music in brand new ways giving them an opportunity to find their own cultural voice for the first time.

Helix Arts is keen to collaborate with artists and social work professionals at all stages of their careers to co-produce great art with people facing multiple and complex disadvantage. Catherine.hearne@helixarts.com

Helixarts.com